



*The*  
**Curious Minds**  
**A Montessori School**

## Snack List

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Produce	Grain
Bananas	Cheerios
Baby Carrots	Tortilla Chips
Celery	Rice Chips
Strawberries	Popcorn
Blueberries	Pirate Booty
Blackberries	Red Quinoa Chips
Oranges	Bread
Honeydew	Pita Bread
Cantaloupe	Whole wheat/grain Crackers
Watermelon	
Cucumbers	
Cherry Tomatoes	
Apples	

We offer butter, salsa, cheese, cream cheese, hummus (all kinds) as accompaniments depending on the produce and grain served on any particular day.

If children have any allergies to any of the above mentioned foods, then that item will not be served in that classroom.

We will serve snack once in the morning, after nap and during after care. Two food groups are served together for any snack (examples: carrots & hummus, celery & cream cheese, cheerios & bananas).

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